

PBTEEN SIZING CHART:

PAJAMAS

ALPHA SIZE	BUST	WAIST	HIP	NECK	ARM (sleeve length from center back)
S	18½" - 20"	13"-14"	18" - 19"	7"	30½" - 31"
M	19½" - 21"	14"-15"	19" - 20"	7¼"	31¼" - 31¾"
L	20½" - 22"	15"-16"	20" - 21"	7½"	32" - 32½"

ROBES & ONESIES

ONE SIZE	ALPHA SIZE	NUMERIC SIZE	BUST	WAIST	HIP	NECK	CHEST	ARM
ONE SIZE	S/M	0/1/3	31½" - 32½"	22½" - 23½"	33" - 34"	13½" - 14"	32" - 33"	31"
ONE SIZE	S/M	5	33½" - 34½"	24½" - 25½"	35" - 36"	13½" - 14"	34" - 35"	31¾"
ONE SIZE	M/L	7/9	33½" - 34½"	24½" - 25½"	35" - 36"	13½" - 14"	34" - 35"	31¾"
ONE SIZE	M/L	11	35½" - 36½"	26½" - 27½"	37" - 38"	13½" - 14"	36" - 37"	32½"

SLIPPERS & BOOTIES

SIZE	WOMENS	MENS
S	5-6	3.5-4.5
M	7-8	5.5-6.5
L	9-10	7.5-8.5
XL	11-12	9.5-10.5
XXL	--	11.5-12

HOW TO MEASURE:

TOOLS NEEDED: Cloth tape measure

TIPS: While measuring, keep the tape measure parallel to the floor and ensure it's neither too tight nor too loose.

Chest Measurement - To get this measurement, you'll need to measure the circumference around your chest. Place one end of the tape measure at the fullest part of your bust, wrap it around (under your armpits and around your shoulder blades) and then back to the front of your bust.

Waist Measurement - Identify your waistline by bending to the side. The crease that forms is your natural waist. Measure the circumference by running the tape around your waistline.

Hip Measurement - To start, ensure you are standing on a level surface with your feet together. Next, measure the circumference of your hips by wrapping the measuring tape from one hip, around the fullest part of your bottom and your other hip, and then back to the hip you started with.